

Yoshukai Karate International Testing Requirements

Kata	6 th Kyu	5 th Kyu	4 th Kyu	3 rd Kyu	2 nd Kyu	1 st Kyu	1 st Dan	2 nd Dan	3 rd Dan	4 TH Dan
27 Movements										
Zen Shin Ko Tai										
H-forms 1-4 (Kihons)										
Shi Ho Hai										
Gega Sai										
Tai Ho Jitsu 1-5										
Seisan										
Ni Sei Shi										
Ro Hai Sho										
Ro Hai Dai										
Sochin										
Seienchin										
Tai Ho Jitsu 1-10										
Ten Shin										
Mu Gen										
Bassai										
San Chin										
Chinto										
Ku San Ku										
San Shi Ryu										
Ryu San										
Ten Sho										
Hen Shi Ho Jitsu 1-50										
Han Ten										
Rin Ten										
Takeite										
Nage Waza										
Instructor's Exam										



Men are required to fight unless they have a physical disability (not including temporary injuries – if you're not 100%, you should not test). Women must either fight or do self-defense (5 movements). Women doing self-defense will not be allowed to choose a familiar uke, especially her dojo instructor. She should be able to perform the techniques realistically and effectively on anyone.

One kata mistake will be considered acceptable. Further mistakes during performance of kata will not be acceptable. Testing will be closed – no family members, instructors, visitors, etc.

NO DISRESPECT WILL BE TOLERATED BEFORE, DURING OR AFTER TESTING. Testing candidates should conduct themselves in a courteous manner at all times.